



# ARAI CAR HELMET PART LIST

# 2026

**PRIORITY FOR  
PROTECTION**



**FULL FACE  
CAR HELMETS**


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**FULL FACE CAR HELMETS**

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**OPEN FACE  
CAR HELMETS**

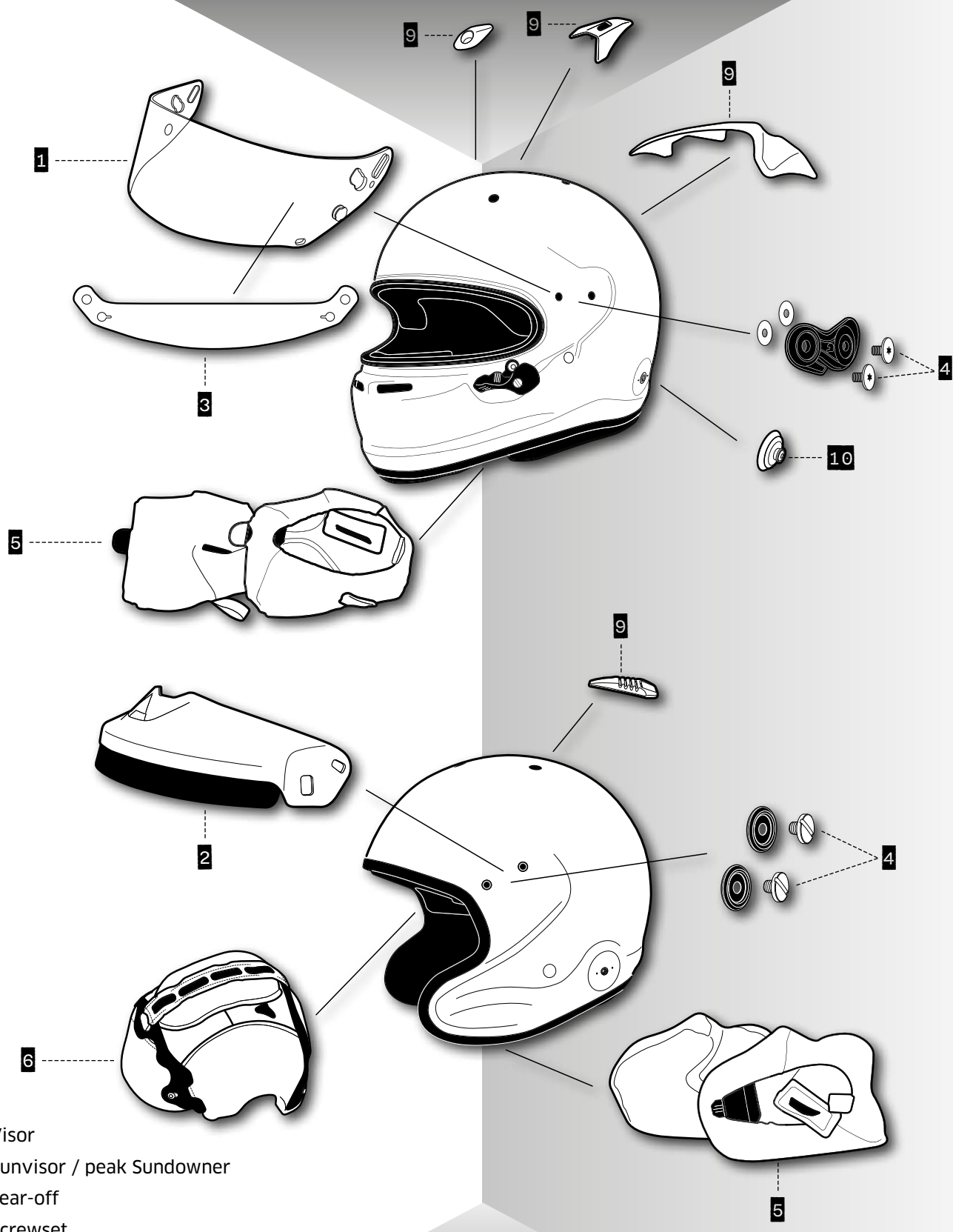
**OPEN FACE CAR HELMETS**

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**NOTE:** Check availability of parts for older or discontinued models with your importer.

# EXPLODED VIEW CAR RACE HELMETS



- 1** Visor
- 2** Sunvisor / peak Sundowner
- 3** Tear-off
- 4** Screwset
- 5** Cheekpad
- 6** Interior
- 9** Ventilation ducts / PED set
- 10** FHR studs

**PRIORITY FOR PROTECTION**



CAR RACING HELMETS

# CAR RACE HELMETS

**GPV-R**

**GP-7 MODELS**

**SKV-R**

**GP-6 MODELS**

**GP-5 W**

**CK-6**

**SK-6**

**GP-J3**

<b>1</b>	<b>SHIELD (VISOR) GPV-R TYPE</b>		
	Clear		55011641
	Dark-Tint		55011642
	Semi-Tint		55011643
<b>3</b>	<b>TEAR OFF GPV-R TYPE</b>		
	Clear (6 sheets)		55011629
<b>4</b>	<b>SCREW KIT GPV-R TYPE</b>		
	Metal		55112407
<b>5</b>	<b>CHEEKPAD GPV-R TYPE</b>	<b>Standard in helmet size</b>	
	12mm		55051362
	15mm		55051363
	20mm	I	55051364
	25mm	xs-s-m-xl	55051365
	30mm		55051366
	35mm		55051367
	40mm		55051368
<b>5</b>	<b>CHINPAD GPV-R TYPE</b>		
	Chinpad GPV-R		55051360
<b>6</b>	<b>INTERIOR GPV-R TYPE</b>	<b>Standard in helmet size</b>	
	Lining code II		
	12mm		55072304
	10mm	xs	55072305
	7mm	s	55072306
	Lining code III		
	12mm		55072308
	10mm	m	55072309
	7mm	l	55072310
	Lining code IV		
	10mm		55072313
	7mm	xl	55072314
<b>9</b>	<b>VENTILATION DUCT FRONT</b>		
	GP Tear Duct clear		55104456



<b>1</b>	<b>SHIELD (VISOR) GP-7 TYPE</b>		
	Clear		55011600
	Dark Tint		55011601
	Semi Tint		55011602
	Mirror Medium Tint Gold		55011636
	Mirror Medium Tint Silver		55011637
	Mirror Medium Tint Blue		55011638
	Mirror Medium Tint Green		55011639
	Mirror Medium Tint Red		55011640
<b>1</b>	<b>SHIELD (VISOR) DUAL PANE GP-7 TYPE</b>		
	Clear		55011620
	Semi Tint		55011621
<b>1</b>	<b>SHIELD (VISOR) A/F GP-7 TYPE</b>		
	Clear A/F		55011610
	Dark Tint A/F		55011611
	Semi Tint A/F		55011612
<b>1</b>	<b>SHIELD (VISOR) A/F (+PINK) GP-7 TYPE</b>		
	Clear A/F		55011615
	Dark Tint A/F		55011616
	Semi Tint A/F		55011617
<b>3</b>	<b>TEAR OFF GP-7 TYPE</b>		
	Clear (6 sheets)		55011630
<b>4</b>	<b>SCREW KIT GP-7 TYPE</b>		
	Metal		55112406
<b>5</b>	<b>CHEEKPAD GP-7 TYPE</b>	<b>Standard in helmet size</b>	
	12 mm		55051350
	15 mm		55051351
	20 mm	l	55051352
	25 mm	xs - s - m	55051353
	30 mm		55051354
<b>5</b>	<b>CHINPAD GP-7 TYPE</b>		
	Chinpad GP-7		55051359
<b>9</b>	<b>VENTILATION DUCTS GP TEAR (FRONT)</b>		
	White		55104455
	Clear		55104456
<b>9</b>	<b>VENTILATION DUCTS TDF-3 (FRONT)</b>		
	White		55105198
	Clear		55105199
<b>9</b>	<b>VENTILATION DUCTS (REAR)</b>		
	White		55105690
	Clear		55105691



**1 SHIELD (VISOR) GP-7 TYPE**

Clear	55011600
Dark Tint	55011601
Semi Tint	55011602
Mirror Medium Tint Gold	55011636
Mirror Medium Tint Silver	55011637
Mirror Medium Tint Blue	55011638
Mirror Medium Tint Green	55011639
Mirror Medium Tint Red	55011640

**1 SHIELD (VISOR) DUAL PANE GP-7 TYPE**

Clear	55011620
Semi Tint	55011621

**1 SHIELD (VISOR) A/F GP-7 TYPE**

Clear A/F	55011610
Dark Tint A/F	55011611
Semi Tint A/F	55011612

**1 SHIELD (VISOR) A/F (+PINK) GP-7 TYPE**

Clear A/F	55011615
Dark Tint A/F	55011616
Semi Tint A/F	55011617

**3 TEAR OFF GP-7 TYPE**

Clear (6 sheets)	55011630
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**4 SCREW KIT GP-7 TYPE**

Metal	55112406
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**5 CHEEKPAD GP-7 TYPE**

Standard in helmet size

12 mm		55051350
15 mm		55051351
20 mm		55051352
25 mm	xs - s - m	55051353
30 mm		55051354

**5 CHINPAD GP-7 TYPE**

Chinpad GP-7	55051359
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**9 VENTILATION DUCTS GP TEAR (FRONT)**

Clear	55104456
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**9 VENTILATION DUCTS TDF-3 (FRONT)**

Clear	55105199
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**9 VENTILATION DUCTS (REAR)**

Clear	55105691
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<b>1</b>	<b>SHIELD (VISOR) SKV-R TYPE</b>		
	Clear		55011641
	Dark-Tint		55011642
	Semi-Tint		55011643
<b>3</b>	<b>TEAR OFF SKV-R TYPE</b>		
	Clear (6 sheets)		55011629
<b>4</b>	<b>SCREW KIT SKV-R TYPE</b>		
	Metal		55112407
<b>5</b>	<b>CHEEKPAD SKV-R TYPE</b>	<b>Standard in helmet size</b>	
	12mm		55054212
	15mm		55054213
	20mm	I	55054214
	25mm	xs-s-m-xl	55054215
	30mm		55054216
	35mm		55054217
	40mm		55054218
<b>5</b>	<b>CHINPAD SKV-R TYPE</b>		
	Chinpad		55051360
<b>6</b>	<b>INTERIOR SKV-R TYPE</b>	<b>Standard in helmet size</b>	
	Lining code II		
	12mm		55072324
	10mm	xs	55072325
	7mm	s	55072326
	Lining code III		
	12mm		55072328
	10mm	m	55072329
	7mm	l	55072330
	Lining code IV		
	10mm		55072333
	7mm	xl	55072334
<b>9</b>	<b>VENTILATION DUCT FRONT</b>		
	GP Tear Duct clear		55104456



<b>1</b>	<b>SHIELD (VISOR) GP-6 TYPE</b>		
	Clear		55011280
	Dark Tint		55011281
	Semi Tint		55011282
<b>1</b>	<b>VISOR PANEL READY SHIELD GP-6 TYPE</b>		
	Mirror Silver		55011348
	Mirror Blue		55011349
	Mirror Green		55011350
	Mirror Gold		55011346
<b>1</b>	<b>SHIELD (VISOR) DUAL PANE GP-6 TYPE</b>		
	Clear		55011295
	Semi Tint		55011296
<b>1</b>	<b>SHIELD (VISOR) A/F GP-6 TYPE</b>		
	Clear A/F		55011290
	Semi Tint A/F		55011292
	Dark Tint A/F		55011291
<b>1</b>	<b>SHIELD (VISOR) CK-6 TYPE</b>		
	Clear		55011230
	Dark Tint		55011231
	Semi Tint		55011232
	Mirrorized Red/Orange		55011255
	Mirrorized Silver		55011256
	Mirrorized Blue		55011257
	Mirrorized Green		55011258
<b>1</b>	<b>SHIELD (VISOR) A/F CK-6 TYPE</b>		
	Clear A/F		55011233
	Dark Tint A/F		55011235
	Semi Tint A/F		55011234
<b>3</b>	<b>TEAR OFF GP-6 TYPE (5 PCS)</b>		
	Clear		55011386
<b>3</b>	<b>GP-6 TEAR OFF VISOR PANEL</b>		
	Clear		55011384
<b>4</b>	<b>SCREW KIT GP-6 TYPE</b>		
	Metal		55112403
<b>4</b>	<b>SCREW KIT CK-6 TYPE</b>		
	Plastic		55112404
<b>4</b>	<b>GP-6 SHIELD LOCK KIT</b>		
			55112408
<b>5</b>	<b>CHEEKPAD GP-6 TYPE</b>	<b>Standard in helmet size</b>	
	12 mm		55051340
	15 mm		55051341
	20 mm	l	55051342
	25 mm	xs - s - m - xl	55051343
	30 mm		55051344
<b>5</b>	<b>CHEEKPAD SK-6 TYPE</b>	<b>Standard in helmet size</b>	
	12 mm		55054187
	15 mm		55054188
	20 mm	l - xl	55054189
	25 mm	xs - s - m	55054190
	30 mm		55054191
<b>5</b>	<b>CHEEKPAD CK-6 TYPE</b>	<b>Standard in helmet size</b>	
	15 mm		55054192
	20 mm	l	55054193
	25 mm	s - m	55054194
	30 mm	xs	55054195
	35 mm	xxs	55054196
	40 mm		55054197
<b>9</b>	<b>VENTILATION DUCTS IC-3 (FRONT) GP-6/GP-6 RC/CK-6/SK-6</b>		
	Clear		55104920
	Tint		55104921
	White		55104922
<b>9</b>	<b>VENTILATION DUCTS TD-2 (REAR) GP-6/GP-6 RC/CK-6/SK-6</b>		
	Clear		55104950
	Tint		55104951
	White		55104952
<b>9</b>	<b>VENTILATION DUCTS (REAR) GP-6S TYPE</b>		
	White		55104890
<b>9</b>	<b>DELTA DUCTS (FRONT) GP-6S TYPE</b>		
	White		55104901
<b>9</b>	<b>GP-PED SET</b>		
	Clear		55102064
<b>10</b>	<b>VISOR PANEL (ONLY FOR GP-6 RC)</b>		
	Carbon		55011319

Cheekpad GP-6S only available as service part



<b>1</b>	<b>SHIELD (VISOR) GP-5W TYPE</b>		
	Clear		55011321
	Dark Tint		55011322
	Semi Tint		55011323
<b>2</b>	<b>PEAK GP-5W TYPE</b>		
	White Peak		55091320
<b>4</b>	<b>SCREW SET PEAK GP-5W TYPE</b>		
	Metal		55112394
<b>5</b>	<b>CHEEKPAD GP-5W TYPE</b>	<b>Standard in helmet size</b>	
	12 mm		55051331
	15 mm		55051332
	20 mm		55051333
	25 mm	I - xl	55051334
	30 mm	xs - s - m	55051335
<b>9</b>	<b>GP-5W IC DUCT 2 (FRONT)</b>		
	White		55101800
	Clear		55101799
<b>9</b>	<b>GP-5W TD DUCT (REAR)</b>		
	White		55102940
<b>9</b>	<b>GP-PED SET</b>		
	Clear		55102064
<b>10</b>	<b>FHR STUDS</b>		
	Metal		55400200



<b>2</b>	<b>PEAK GP-J3</b>			
	White Peak with Sundowner			55091320
	Black Peak with Sundowner			55091329
<b>4</b>	<b>SCREW SET PEAK GP-JET</b>			
	Metal			55112394
<b>5</b>	<b>CHEEK PAD GP-J3 FCS</b>		<b>Standard in helmet size</b>	
	15 mm	xxxl		55053939
	20 mm	xxl		55053940
	25 mm	s - l - xl		55053941
	30 mm	xs - m		55053942
<b>6</b>	<b>GP-J3 INTERIOR</b>			
		<b>small</b>	<b>medium</b>	<b>large</b>
	10 mm	55073930	55073933	
	7 mm	55073931	55073934	55073937
<b>9</b>	<b>GP-J3 TOP DUCT</b>			
	White			55102350
	Black			55102346
<b>10</b>	<b>FHR STUDS</b>			
	Metal			55400200



CAR HELMET MODELS	GPV-R	GP-7	GP-6	CK-6	GP-5W/X		
GPV-R, SKV-R	●						
GP-7, GP-7 SRC, GP-7 SRC ABP		●					
GP-6 RC, GP-6			●				
GP-6S, SK-6			●				
CK-6				●			
GP-5W					●		

● = standard

○ = optional

## GPV-R CHEEKPAD

SHELL SIZE	HELMET SIZE	TIGHTEN				STANDARD			LOOSER	
82	XS	-	40mm	35mm	30mm	25mm	20mm	15mm	12mm	
	S	-	40mm	35mm	30mm	25mm	20mm	15mm	12mm	
84	M	-	40mm	35mm	30mm	25mm	20mm	15mm	12mm	
	L	40mm	35mm	30mm	25mm	20mm	15mm	12mm	-	
88	XL	-	40mm	35mm	30mm	25mm	20mm	15mm	12mm	

SIZE	BCD
12MM	55051362
15MM	55051363
20MM	55051364
25MM	55051365
30MM	55051366
35MM	55051367
40MM	55051368

## GP-7 / GP-7 SRC / GP-7 SRC ABP CHEEKPAD

SHELL SIZE	HELMET SIZE	TIGHTEN				STANDARD			LOOSER		
82	XS	-	-	-	-	30mm	25mm	20mm	15mm	12mm	-
	S	-	-	-	-	30mm	25mm	20mm	15mm	12mm	-
84	M	-	-	-	-	30mm	25mm	20mm	15mm	12mm	-
	L	-	-	30mm	25mm	20mm	15mm	12mm	-	-	-

SIZE	BCD
12MM	051350
15MM	051351
20MM	051352
25MM	051353
30MM	051354
-	-

## SKV-R CHEEKPAD

SHELL SIZE	HELMET SIZE	TIGHTEN				STANDARD			LOOSER	
82	XS	-	40mm	35mm	30mm	25mm	20mm	15mm	12mm	
	S	-	40mm	35mm	30mm	25mm	20mm	15mm	12mm	
84	M	-	40mm	35mm	30mm	25mm	20mm	15mm	12mm	
	L	40mm	35mm	30mm	25mm	20mm	15mm	12mm	-	
88	XL	-	40mm	35mm	30mm	25mm	20mm	15mm	12mm	

SIZE	BCD
12MM	55054212
15MM	55054213
20MM	55054214
25MM	55054215
30MM	55054216
35MM	55054217
40MM	55054218

## GP-6S CHEEKPAD

SHELL SIZE	HELMET SIZE	TIGHTEN				STANDARD			LOOSER	
82	XS	-	-	-	-	25mm	-	-	-	-
	S	-	-	-	-	25mm	-	-	-	-
84	M	-	-	-	-	25mm	-	-	-	-
	L	-	-	-	-	20mm	-	-	-	-
88	XL	-	-	-	-	25mm	-	-	-	-

SIZE	BCD
15MM	99-40031
20MM	99-40032
25MM	99-40033
30MM	99-40034
35MM	99-40035
-	-

## GP-5W(P) CHEEKPAD

SHELL SIZE	HELMET SIZE	TIGHTEN				STANDARD			LOOSER	
84	XS	-	-	-	-	30mm	25mm	20mm	15mm	12mm
	S	-	-	-	-	30mm	25mm	20mm	15mm	12mm
86	M	-	-	-	-	30mm	25mm	20mm	15mm	12mm
	L	-	-	-	30mm	25mm	20mm	15mm	12mm	-
88	XL	-	-	-	-	25mm	20mm	15mm	12mm	-

SIZE	BCD
12MM	051331
15MM	051332
20MM	051333
25MM	051334
30MM	051335
-	-

## GP-J3 CHEEKPAD

SHELL SIZE	HELMET SIZE	TIGHTEN				STANDARD			LOOSER	
84	XS	-	-	-	-	30mm	25mm	20mm	15mm	-
	S	-	-	-	30mm	25mm	20mm	15mm	-	-
87	M	-	-	-	-	30mm	25mm	20mm	15mm	-
	L	-	-	-	30mm	25mm	20mm	15mm	-	-
89	XL	-	-	-	30mm	25mm	20mm	15mm	-	-
90	XXL	-	-	30mm	25mm	20mm	15mm	-	-	-
	XXXL	-	30mm	25mm	20mm	15mm	-	-	-	-

SIZE	BCD
15MM	053939
20MM	053940
25MM	053941
30MM	053942
-	-
-	-

## CK-6 CHEEKPAD

SHELL SIZE	HELMET SIZE	TIGHTEN				STANDARD			LOOSER	
82	XS	-	-	-	40mm	35mm	30mm	25mm	20mm	15mm
	S	-	-	40mm	35mm	30mm	25mm	20mm	15mm	-
	M	-	40mm	35mm	30mm	25mm	20mm	15mm	-	-
84	L	-	40mm	35mm	30mm	25mm	20mm	15mm	-	-
	XL	40mm	35mm	30mm	25mm	20mm	15mm	-	-	-

SIZE	BCD
15MM	054192
20MM	054193
25MM	054194
30MM	054195
35MM	054196
40MM	054197

## SK-6 CHEEKPAD

SHELL SIZE	HELMET SIZE	TIGHTEN				STANDARD			LOOSER		
82	XS	-	-	-	-	30mm	25mm	20mm	15mm	12mm	-
	S	-	-	-	-	30mm	25mm	20mm	15mm	12mm	-
84	M	-	-	-	-	30mm	25mm	20mm	15mm	12mm	-
	L	-	-	30mm	25mm	20mm	15mm	12mm	-	-	-
86	XL	-	-	30mm	25mm	20mm	15mm	12mm	-	-	

SIZE	BCD
12MM	054187
15MM	054188
20MM	054189
25MM	054190
30MM	054191
-	-

**GPV-R OPTIONAL INTERIOR LINERS**

SHELL SIZE	HELMET SIZE	LINING CODE	TIGHTEN				STANDARD			LOOSER
82	XS	II	-	-	-	12mm	10mm	7mm	-	-
	S	II	-	-	12mm	10mm	7mm	-	-	-
84	M	III	-	-	-	12mm	10mm	7mm	-	-
	L	III	-	-	12mm	10mm	7mm	-	-	-
88	XL	IV	-	-	-	10mm	7mm	-	-	-

LINING CODE	BCD
II - 12mm	55072304
II - 10mm	55072305
II - 7mm	55072306

LINING CODE	BCD
III - 12mm	55072308
III - 10mm	55072309
III - 7mm	55072310

LINING CODE	BCD
IV - 10mm	55072313
IV - 7mm	55072314

**SKV-R OPTIONAL INTERIOR LINERS**

SHELL SIZE	HELMET SIZE	LINING CODE	TIGHTEN				STANDARD			LOOSER
82	XS	II	-	-	-	12mm	10mm	7mm	-	-
	S	II	-	-	12mm	10mm	7mm	-	-	-
84	M	III	-	-	-	12mm	10mm	7mm	-	-
	L	III	-	-	12mm	10mm	7mm	-	-	-
88	XL	IV	-	-	-	10mm	7mm	-	-	-

LINING CODE	BCD
II - 12mm	55072324
II - 10mm	55072325
II - 7mm	55072326

LINING CODE	BCD
III - 12mm	55072328
III - 10mm	55072329
III - 7mm	55072330

LINING CODE	BCD
IV - 10mm	55072333
IV - 7mm	55072334





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CAR RACING HELMETS